

Family of Functional Food Bars

designs for health®



| | PaleoBar™ | PaleoBar™ | PaleoBar™ | PaleoBar DF™ | PaleoBar DF™ | Pure PaleoBar™ |
|-----------------------|---|---|--|---|---|--|
| Flavor | Chocolate | Vanilla Almond | Mixed Berry | Chocolate Almond | Coconut Almond | Chocolate |
| Dairy Free | | | | ✓ | ✓ | ✓ |
| Nut Free* | | | | | | ✓ |
| Gluten Free | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Soy Protein Free | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Sucrose/Fructose Free | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Applications | Protein rich, micronutrient dense snack | Protein rich, micronutrient dense snack | Protein rich, micronutrient dense snack | Anabolic energy, micronutrient dense snack | Reduction of carb cravings, micronutrient dense snack | Protein rich, high fiber, micronutrient dense snack |
| Unique Ingredients | Omega-3 fish oils, Inulin | Omega-3 fish oils | Potent freeze-dried berry extracts with high antioxidant value | Creatine & magnesium for anabolic function, L-carnitine | Chromium | Inulin |
| Calories | 150 | 180 | 170 | 160 | 200 | 210 |
| Total Fat | 8 g | 8 g | 7 g | 6 g | 9 g | 12 g |
| Sat. Fat | 3.5 g | 4 g | 3.5 g | 3 g | 5 g | 6 g |
| Sodium | 70 mg | 80 mg | 75 mg | 110 mg | 65 mg | 180 mg |
| Net Carbs | 3 g | 2.5 g | 3 g | 7 g | 6 g | 9 g |
| Protein | 9 g | 9 g | 9 g | 6 g | 7 g | 12 g |
| Protein Source | Whey/Rice Protein Concentrate | Whey/Rice Protein Concentrate | Whey/Rice Protein Concentrate | Rice/Pea Protein Concentrate | Rice Protein Concentrate/Pea Protein Isolate | Bone Broth Protein Isolate/Hemp Protein/Pumpkin Seed Protein |
| Fiber | 6 g | 6 g | 4 g | 6 g | 6 g | 11 g |
| Sugars | 1 g | 1 g | 2 g | 2 g | 3 g | 4 g |
| Sugar Alcohols | 7 g | 11 g | 13 g | 14 g | 13 g | 2 g |
| Sweeteners | Erythritol, Stevia, Maltitol | Maltitol | Maltitol | Maltitol, Erythritol | Maltitol, Erythritol | Tapioca Syrup, Erythritol, Stevia |

*made in a facility that uses nuts

To contact Designs for Health, please call us at (800) 847-8302, or visit us on the web at www.designsforhealth.com

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

ZBRO BARCHART

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| | C.C.Meal™ | Chocolate Mint Fiber Bar | ChocoMint DF™ | Cocommune™ | MochaNRG DF™ | NRG Meal™ Bar | P.B.Meal™ |
|------------------------------|--|---|--|--|--|--|---|
| Flavor | Dark Chocolate Cherry | Dark Chocolate Mint | Chocolate Mint | Dark Chocolate Coconut | Chocolate Mocha | Chocolate | Dark Chocolate Peanut Butter |
| Dairy Free | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Nut Free* | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Gluten Free | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Soy Protein Free | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Sucrose/Fructose Free | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Applications | Pre/post workout & between meal snack, antioxidant/anti-inflammatory support** | High fiber, micronutrient dense, between meal snack | Micronutrient dense snack, pre/post workout & between meal snack | Immune system/GI support**, high fiber, healthy fats, between meal snack | Micronutrient dense snack, pre/post workout, extended energy & satiety | Micronutrient dense snack, pre/post workout, extended energy & satiety, high protein & fiber | Micronutrient dense snack, pre/post workout & between meal snack |
| Unique Ingredients | Cherry Pure™ cherry powder, Digestion-resistant fiber, Inulin | Digestion-resistant fiber, Inulin | Optimal macronutrient blend for sustained energy & hunger control, Digestion-resistant fiber, Inulin | Larch arabinogalactan, Inulin | L-Carnitine, CoQ10, Inulin | L-Carnitine, CoQ10, Inulin | Optimal macronutrient blend for sustained energy & hunger control |
| Calories | 210 | 140 | 210 | 140 | 200 | 230 | 220 |
| Total Fat | 10 g | 10 g | 10 g | 12 g | 9 g | 12 g | 10 g |
| Sat. Fat | 4.5 g | 8 g | 5 g | 9 g | 5 g | 6 g | 4 g |
| Sodium | 120 mg | 50 mg | 80 mg | 60 mg | 80 mg | 140 mg | 200 mg |
| Net Carbs | 7 g | 2 g | 7 g | 3 g | 8 g | 5.5 g | 15 g |
| Protein | 12 g | 1 g | 12 g | 1 g | 12 g | 20 g | 12 g |
| Protein Source | Brown Rice Protein | Cocoa Sources | Rice Protein | Cocoa Sources | Rice Protein Concentrate | Milk/Whey Protein Concentrates | Whey/Rice/Milk/Pea Protein Concentrate |
| Fiber | 8 g | 14 g | 9 g | 11 g | 8 g | 19 g | 6 g |
| Sugars | 3 g | 1 g | 2 g | 1 g | 2 g | 2 g | 9 g |
| Sugar Alcohols | 8 g | 10 g | 8 g | 11 g | 8 g | 6.5 g | 2 g |
| Sweeteners | Maltitol Syrup, Tapioca Syrup, Erythritol, Stevia | Erythritol, Maltitol, Stevia | Maltitol, Tapioca Syrup, Erythritol, Stevia | Erythritol, Maltitol, Stevia | Maltitol, Tapioca Syrup, Erythritol, Stevia | Erythritol, Stevia | Organic Tapioca Syrup, Stevia |

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